## Permission to Record

## PERMISSION TO VIDEO/AUDIO TAPE THERAPY SESSIONS

In order to constantly improve my therapy skills, I often like to record sessions. If you are comfortable with this, I need your written permission. Our work in couples therapy will not be affected by the recording and you are free to say no. If at any time you change your mind we can stop the recording.

I give permission for Sohi Lachini, PsyD to record our couples therapy sessions for use in peer consultation meetings and for use in meeting with a senior consultant.

I understand that my confidentiality will be protected at all times. If either a consultant and/or peer colleague knows me in any way whatsoever they will not view the recording and will keep my confidentiality as per standard professional guidelines.